

WORKSHOP: *The Living Figure* - Two Week Figure Sculpture
LOCATION: Shelton, Washington
DATE: August 5 - 16, 2019
COST: \$1,400 tuition (Tools, living expenses, transportation not included)

OVERVIEW OF COURSE

Some years ago, I said to the wonderful sculptor, Sandy Scott, “I love your sculptures of birds because they're not about birds, they're about flight!” I knew that Sandy had been a pilot for many years and loved flight, but later found out - predictably - that she also had an ornithologist's precise understanding of the anatomy of birds.

If you want to express an abstract concept, like flight, love, freedom, strength, etc., using the human figure (or birds) as a vehicle, why is it important to learn anatomy? Because understanding human anatomy frees you to go beyond studies from a live model. It empowers you to create dynamic figures in any position, that will be anatomically correct. If your figure is not right everybody will sense it, and feel uneasy instead of inspired. Your sculpture, instead of being a powerful and coherent work of art, will fall more or less flat.

Part of every day of this workshop we will study human anatomy by constructing an *ecorche* (flayed figure) from the bones out. At least 3 hours each day will be spent working from the model, one male and one female, learning to use our anatomical knowledge to see more accurately the gesture and forms of the living figure.. The first day you will learn how to easily build a flexible armature for a half-life size figure, and the last few days of the workshop you will be challenged to turn your anatomical study into an Expressive Figure- thus metamorphosing science into Art.

If you have seriousness of purpose, and value grace, beauty and *meaning* in Art, I look forward to studying figure sculpture with you at my farm studio in beautiful Shelton, Washington. The following pages provide important information about the workshop, including an **introduction, teacher and curriculum information, travel and budget information, and a registration form.** After reading through the enclosed materials, please return your registration form with your deposit as soon as possible, as **the class is limited to 10.**

Thank you for your interest, and I hope to see you in Shelton this August!



INSTRUCTOR

Cristina Mikulasek has studied the human subject as an anatomist and creative artist for over forty years. She has exhibited in many shows and won numerous awards and commissions for her expressive figures and portraits. Her works are included in collections throughout the world. In 1998, Ms. Mikulasek was awarded the prestigious Alex Ettl prize by the National Sculpture Society for “notable achievement in American sculpture through a distinguished body of work.” She is a professional member of the National Sculpture Society. In 2005, Cristina was awarded the Silver Medal for Sculpture in the ARC International Salon.

Ms. Mikulasek is also an accomplished craftsman who for 15 years operated a private foundry and learned thoroughly the work of producing fine bronze sculpture. She taught lost-wax casting and figure sculpture at Monterey College, California for several years, while living in Carmel. Ms. Mikulasek lived full or part-time in Italy for over a decade, learning to carve marble from local masters. The rest of her work is done at her farm studio in Shelton, Washington.

She continues to explore and express the dignity and beauty of the human spirit, using as her vehicle the human figure, in all of its breathtaking strength, grace and sensuality.



WORKSHOP PARTICIPANTS

- Participants are preferred to have a certain minimum level of knowledge and practical experience with sculpting and/or drawing a human figure, and be highly motivated
- The number of participants will be limited to a maximum of 10.

SCHEDULE & CURRICULUM

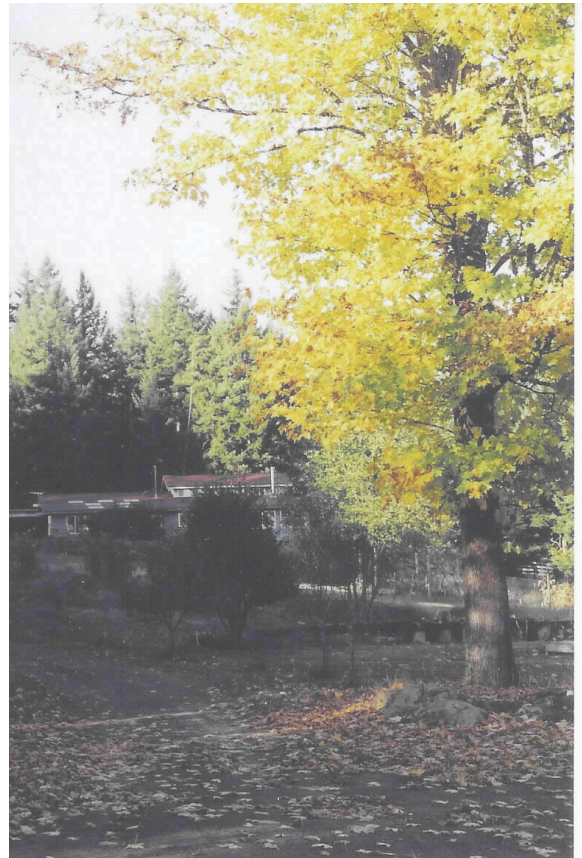
- Classes will take place from 9am-5pm, Monday through Friday starting August 8 and ending August 19. Classes include approximately 70 hours of instruction and studio work.
- Studio is available to students for work after class and on the weekend.
- Healthy and delicious lunch will be served every day of class at a large dining table.
- Curriculum includes intensive study of anatomy. Students will work from 2 or 3 live models.
- Smoking is not allowed in the studio.
- **Private conversations are not allowed in the studio during class..**

LOCATION OF THE WORKSHOP

- The workshop will be held in a large studio with good natural light on a small farm near the town of Shelton, Washington.
- Shelton is located in western Washington, about 20 miles northwest of Olympia, two hours west of Seattle and three hours north of Portland, Oregon. It is considered the gateway to the Olympic Peninsula, which is one of Nature's treasure chests, full of spectacularly beautiful mountains and rivers; bordered by Puget Sound on two sides, and on the west side by the wild northwest Pacific shore..

HOUSING

- Housing opportunities in the Shelton area are many and varied, from camping on the farm (during summer) to staying at the world-class Casino hotel ten minutes drive from the studio. The price range for 2 weeks is about \$250 (camping or RV) - \$950 (Casino hotel)..
- Guest cottages and rooms in private homes are available for rent to students of our workshops, but bookings must usually be made well in advance.
- Students with family Rotary affiliations have found lodging in the homes of members of the Shelton chapter of Rotary International.



BUDGET FOR THE WORKSHOP

What follows is an extremely rough budget for workshop participants based on past workshop expenses. Actual expenses may end up being more or less than the figures presented here. The following budget is presented only to provide participants with a ballpark idea of the overall costs involved.

ROUGH BUDGET OF PAST WORKSHOPS		
Tuition and Materials Fee	\$1,400	
*Roundtrip flight to SEATAC	\$400	
Rental car for two weeks	\$250	Studio is 5 miles from town. Shared car is possible.
Lodging near studio	\$650	Sharing the cost with roommates can dramatically reduce your expense. At your request, we can help to house you with other students requesting a roommate.
TOTAL	\$2,700	This "Total" figure may be more or less depending on one's air fare, choice of housing, and optional expenses such as tours or souvenirs.

***Flight Expense.** Please note that the above flight expense is based on flights from New York to Seattle. Prices may be less expensive from other major cities, especially from the Midwest or the West Coast. Flights to Seattle may also be less expensive if purchased well in advance, or by checking discount airfare sites on the internet.

CLIMATE

The weather in July/August is usually warm and sunny, ranging from 70F – 85F. Evenings are pleasantly cool. In the Northwest, it can rain anytime, but there is rarely rain in August.

CLOTHING

The essentials are: comfortable work clothes, T-shirts, a sweater or sweatshirt, walking shoes, and a nice outfit for dinners out. We have some nice restaurants in this area. .

TRANSPORTATION

Sea-Tac (SEA) is the international airport nearest to the studio, about one hour and a half drive. Airport shuttles are available to the nearby Little Creek Casino (\$38) where we can pick you up. Often students want to share a rental car, so let us know if you're interested in that possibility.

REGISTRATION

If you decide to attend the workshop, please do the following by **June 20, 2019**.

- Complete and sign the Registration Form
- Mail the Registration Form with a **\$400 deposit** (check or money order in US dollars made out to **Cristina Mikulasek**) to the address listed on the Registration Form. Place any questions or comments on a separate sheet of paper.

CONFIRMATION

Participants will receive a letter of confirmation by email or mail within 10 days of receipt of their deposit. All possible answers to questions will be included with the confirmation.

If for any reason an applicant cannot be offered a place in this workshop, their deposit will be refunded. If the class is full, an applicant can remain on a waiting list, as positions occasionally open up. If no positions have opened by **July 15th**, applicants on the waiting list will be notified and their full deposit will be returned.

FINAL PAYMENT AND BOOKING

Applicants who have received our letter of confirmation must make sure we *receive no later than July 13*, a follow-up **check for \$1000** made out to **Cristina Mikulasek** and mailed to her Shelton, Washington address.

All applicants who have been confirmed by us, but from whom we have not received the \$1,000 payment by July 13 will be refunded half of their initial deposit, and their place will be offered to another applicant on the waiting list.

Once your final payment has been received, we will confirm that your place has been reserved.

Note: If for any reason we must cancel the workshop, all monies paid will be refunded.

**IF YOU HAVE ANY QUESTIONS, PLEASE CONTACT CRISTINA
E-MAIL OR LETTER**

**IF YOU WANT TO SPEAK WITH CRISTINA MIKULASEK BY TELEPHONE, IT IS OFTEN
NECESSARY TO LEAVE A MESSAGE; SHE WILL CALL YOU BACK AS SOON AS POSSIBLE.**

The Expressive Figure

Two Week Figure Sculpture Workshop with Cristina Mikulasek

REGISTRATION FORM

NAME _____

ADDRESS _____

CITY _____ STATE/PROVINCE _____

ZIP/POSTAL/CODE _____ COUNTRY _____

PHONE _____ E-ADDRESS _____

Summary of Sculpting Experience:

I would like to register for the Two Week Figure Sculpture Workshop in Shelton, WA. I have enclosed my \$400 deposit (check or money order in US dollars) made out to Cristina Mikulasek

SIGNATURE

DATE

PLEASE MAIL THIS FORM AND YOUR DEPOSIT TO:
CRISTINA MIKULASEK
111 SE WHINERY RD, SHELTON, WA 98584

Please indicate housing preference:

Hotel

Motel

Room or RV at Farm

Guest Cottage

B & B

Budgetrange/Comments: _____